

Spooky2 Biofeedback Walkthrough

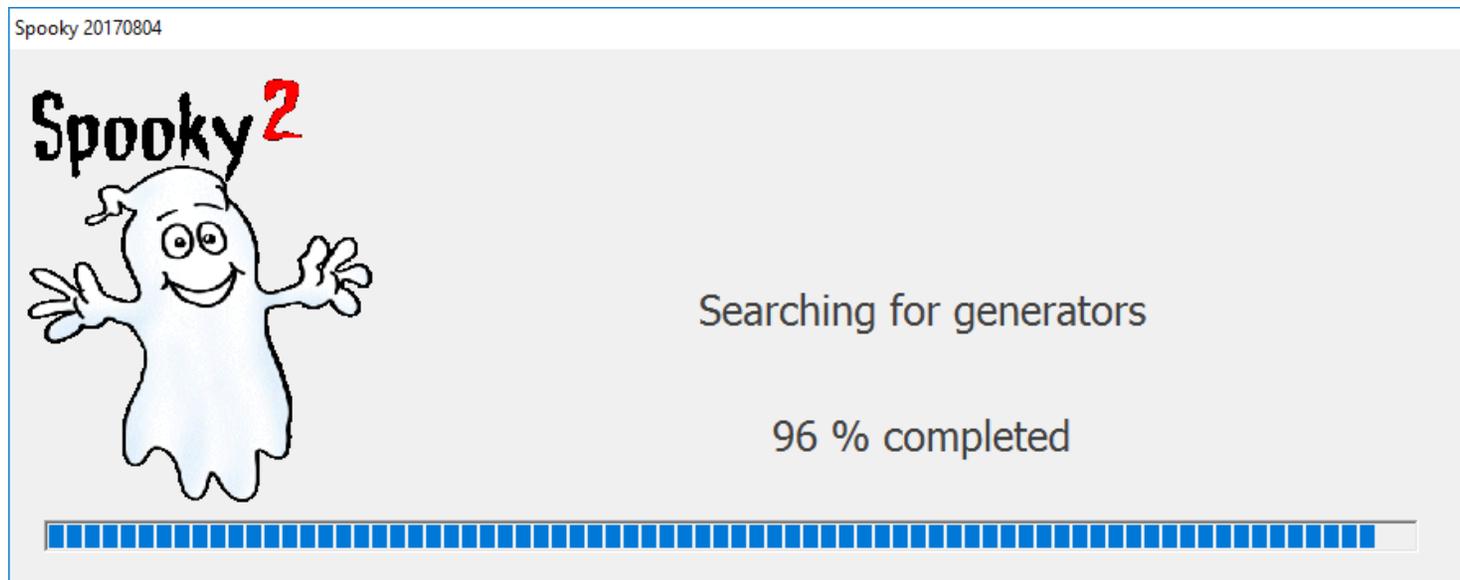
Jay Frost

Introduction

This document takes the reader through an illustrated tour of the use of the Spooky2 Rife System to perform a biofeedback scan, save the results as a custom program, load the custom program, and perform a reverse lookup of the results to determine which conditions the scan may have diagnosed.

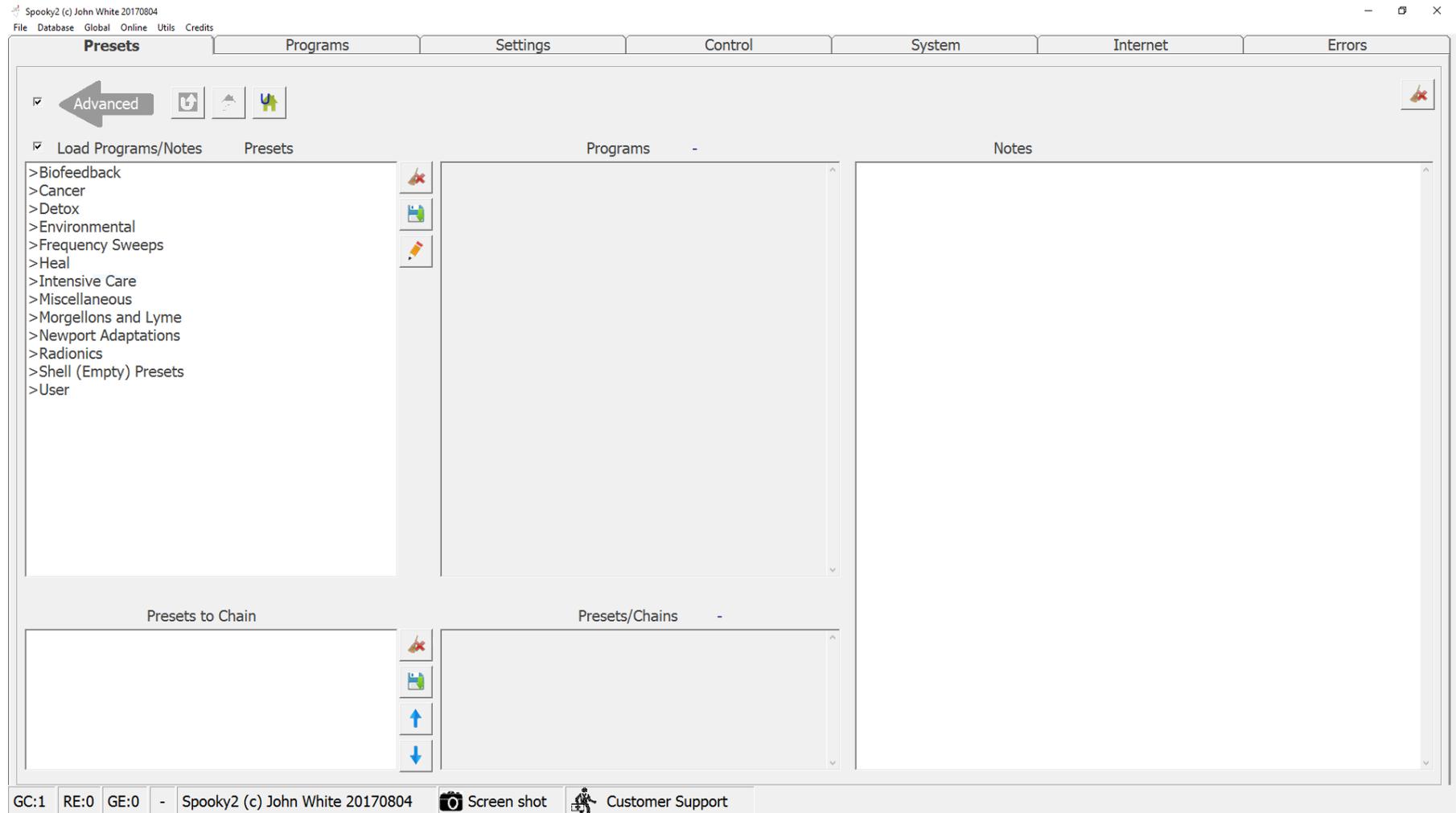
Launch Spooky2

The Spooky2 software runs on a Windows PC. Upon launching the software, a progress dialog appears while the software identifies connected frequency generators and loads the frequency database.



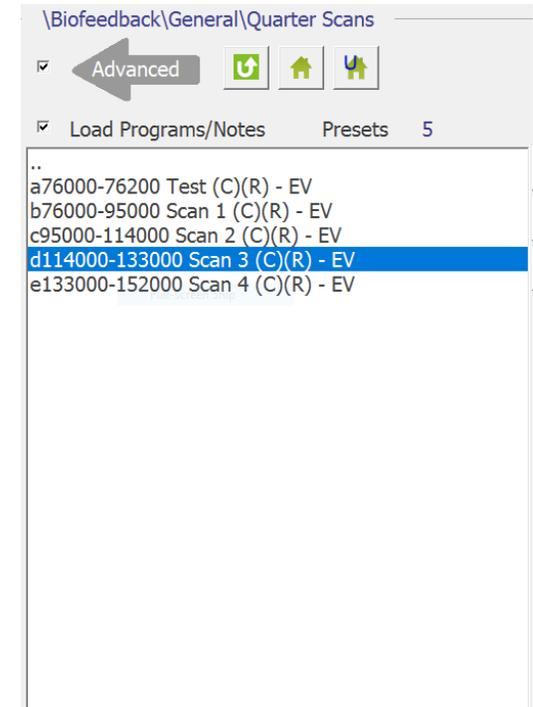
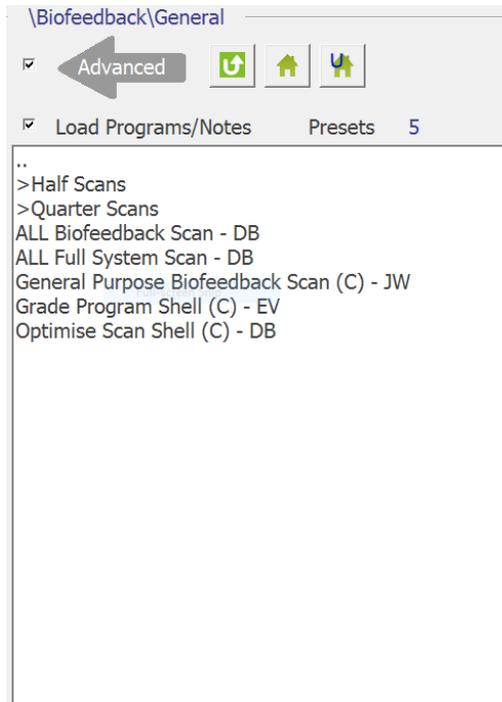
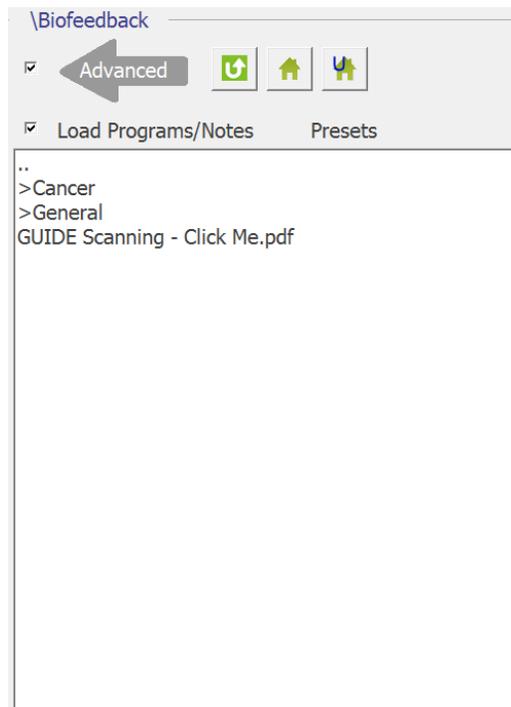
Main Window At Launch

When the main window first appears, the *Presets* tab is selected.



Navigate Biofeedback Presets

Starting from the Presets tab (selected by default) of the main window, navigate through the list of presets in the list on the left side: First *Biofeedback*, then *General*; to run a full scan (which takes over an hour to complete) select *ALL Full System Scan - DB* from this list. To do a fifteen-minute scan, navigate through *Quarter Scans*.



Select a Biofeedback Preset

Choose the scan you wish to perform. When a preset is highlighted in the *Presets* list, the selected preset's name will appear in the lower-middle *Presets/Chains* list of the *Presets* tab. The designation (C)(R) indicates that this preset can be used in either contact mode or remote mode.

Spooky2 (c) John White 20170804
File Database Global Online Utils Credits

Presets Programs Settings Control System Internet Errors

\Biofeedback\General\Quarter Scans

Advanced

Load Programs/Notes Presets 5

Programs -

Notes Shell Preset

These Presets are for 1 short test scan and 4 approximately 15 minute scans. The first test scan shows you the biofeedback process and save features.

There is also a scan preset for the settings for the custom biofeedback scan for cancer.

There are no program frequencies listed to the left because it needs no frequencies to be loaded - it will generate a frequency sweep 'live' from its settings.

These sweeps can be administered in Contact Mode (recommended where possible), or in Remote Mode. You cannot do it in plasma mode because the tube energy will freeze Spooky Pulse.

The estimated time required is about 16 minutes for the general scans and 9.34 minutes for the cancer scan, but is actually governed by your own heart rate. So it may take more time, or less. IMPORTANT: every time before you start your scan, ensure that the Single Scan box is ticked.

Plasma users should scan every second day, and Contact users should scan every fourth day.

Scan results should be saved as a program to your custom database, named in this way:

Scan () (your initials) (date)

Example: You do a scan on 15 September 2016. You save your results programs as: Scan a EV 20160915

This way, your scans will always show together in a Search results list in the correct order, with your latest one at the end of the list.

We suggest you take a brisk 15-minute walk before scanning as is done when

Presets to Chain Presets/Chains 1

d114000-133000 Scan 3 (C)(R) - EV

GC:1 RE:0 GE:0 - Spooky2 (c) John White 20170804 Screen shot Customer Support

Verify Generator and Pulse Present

In the *System* tab of the main window, verify that at least one Spooky2-XM generator is detected. Each will be listed in the centrally-located *Connected Hardware* list as a *Silicon Labs CP210x USB to UART Bridge*, with its assigned communications port (COM4 in the example here). The numeral following *COM* will identify the generator to be used in future steps, in case multiple generators are connected. Also verify that a line appears in the list indicating *Spooky Pulse Detected*.

The screenshot displays the Spooky2 software interface with the **System** tab selected. The window title is "Spooky2 (c) John White 20170804". The interface is divided into several sections:

- General Settings:** A list of checkboxes including "Display Port Number", "High CPU Priority (Normal)", "Write program log", "Enable system sounds", "Show Internet Tab", "Bypass PortID", "Reset USB port on errors", "Auto Close Control Panel", "Disable Tooltips", "Show Program Total Run Time", "Load Molecular Weight Database", and "Load Non-Human BP Database".
- Wobble:** A table with columns for "Amplitude Wobble", "Frequency Wobble", "%", and "Steps".

Amplitude Wobble	Frequency Wobble	%	Steps
Triangle	Triangle	80	16
Triangle	Triangle	.025	16
- Connected Hardware:** A list of detected hardware items, with "Spooky Pulse detected" and "Silicon Labs CP210x USB to UART Bridge (COM4)" highlighted in red.
 - Spooky Pulse detected
 - Communications Port (COM1)
 - Intel(R) Active Management Technology - SOL (COM3)
 - Silicon Labs CP210x USB to UART Bridge (COM4)
- Biofeedback Limits:** A table with columns for "Min BPM", "Max BPM", and "Max HRV".

Min BPM	Max BPM	Max HRV
30	130	20
- Frequency Blacklist Control:** A section with a list box and a "+" button, and checkboxes for "Avoid Octave Harmonics/Sub Harmonics" and "Avoid Decade Harmonics/Sub Harmonics".
- Active Databases:** A list of database paths:
 - Main Database: C:\Spooky2\Frequencies.s2d
 - Custom Database: C:\Spooky2\Custom.csv
 - DNA Database: C:\Spooky2\DNA_Frequencies.s2d
 - Base Pair Database: C:\Spooky2\BP_Frequencies.s2d
 - Non-Human Base Pair Database: -
 - Molecular Weight Database: -
- Debug Options:** A section with a "Age Factor" set to 1.
- Frequency Conversions:** A table with columns for "MW to Hz Factor", "BP to Hz Factor", and "Tissue Factor".

MW to Hz Factor	BP to Hz Factor	Tissue Factor
2.252342720E+23	8.63808777288135E+17	1.4158746743606

The bottom status bar shows "GC:1 RE:0 GE:0 - Spooky2 (c) John White 20170804" and icons for "Screen shot" and "Customer Support".

Load Biofeedback Presets into Generator

In the left-hand panel of the *Control* tab of the main window, tick *Allow Generator Overwrites* and then click the button corresponding to the generator identified previously in the *Connected Hardware* list of the *System* tab. The checkbox will uncheck itself, and the right-hand panel will populate with controls for the selected generator. In the lower *Biofeedback Scan* subpanel, various values pertaining to the selected biofeedback preset will populate. Be sure that the *Single Scan* checkbox is ticked.

The screenshot shows the Spooky2 software interface with the **Control** tab selected. The interface is divided into several sections:

- Generators Panel (Left):** Contains a checkbox for **Allow Generator Overwrites** (checked), a button for **4 0%**, and other generator controls like **Start**, **Pause**, **Hold**, **Amplitude Wobble**, **Frequency Wobble**, and **Stop**.
- Generator 4 d114000-133000 Scan 3 (C)(R) - EV:** Shows estimated run times and a **Reverse Lookup** section with checkboxes for **Include Octave** and **Search CUST database**, and a **% Tolerance** field set to **.1**.
- Generator Output:** A table showing settings for **Out 1** and **Out 2**.

	Out 1	Out 2
Frequency	0	0
Waveform	Square	Inverse+Sync
Duty Cycle	50%	50%
Amplitude	0v	0v
Offset	0%	0%
Phase Angle	0 Degrees	0 Degrees
- Biofeedback Scan (Bottom):** A subpanel with various scan parameters and a **Scan** button.

Parameter	Value	Unit
Start Frequency	114000	Hz
Finish Frequency	133000	Hz
Initial Step Size	20	Hz
Decimal Places	0	
Max Hits to Find	10	
Samples/Step	1	
Start Delay	30	Samples

Detect: Max Min BPM HRV

Calculate Using: Running Average Peak 2 DP Max Single Scan Grade Program

Av. BPM - Av. HRV -

The **Biofeedback Scan** subpanel is highlighted with a red box. The **Allow Generator Overwrites** checkbox and the **4 0%** button are also highlighted with a red box.

Connect Electrodes or Load Remote DNA Sample

If conducting this scan in contact mode, connect the electrodes of your choice (e.g. hand cylinders, TENS pads) to the Spooky2-XM generator and to the subject's body, as directed in the user guide. If using remote mode, connect a Spooky Remote (BN) accessory to the Spooky2-XM generator via the *BN* connector of the Spooky Boost accessory, and load a DNA sample into the remote as instructed in the user guide.

Connect Pulse Clip and Start Biofeedback Scan

The value in the *Start Delay* input box specifies how many heartbeats the software will wait before beginning the scan. The default is 30. If you have been moving about or your heart rate takes a while to settle, enter a larger value. Then click the *Scan* button (the interval noted to the left of the button provides an estimate, in minutes and seconds, of the scan's duration). After the pulse clip is connected and the software has recognized a heartbeat, you will see a number counting downward (from the value in *Start Delay*) below the lower-right white box.

Biofeedback Scan

Start Frequency	114000	Hz
Finish Frequency	133000	Hz
Initial Step Size	20	Hz
Decimal Places	0	
Max Hits to Find	10	
Samples/Step	1	
Start Delay	30	Samples

Detect:

Max Min

BPM HRV

BPM - Av. BPM -
HRV - Av. HRV -

Calculate Using:

Running Average

Peak

2 DP Max

Single Scan

Grade Program

00:16:20 **Scan**

22

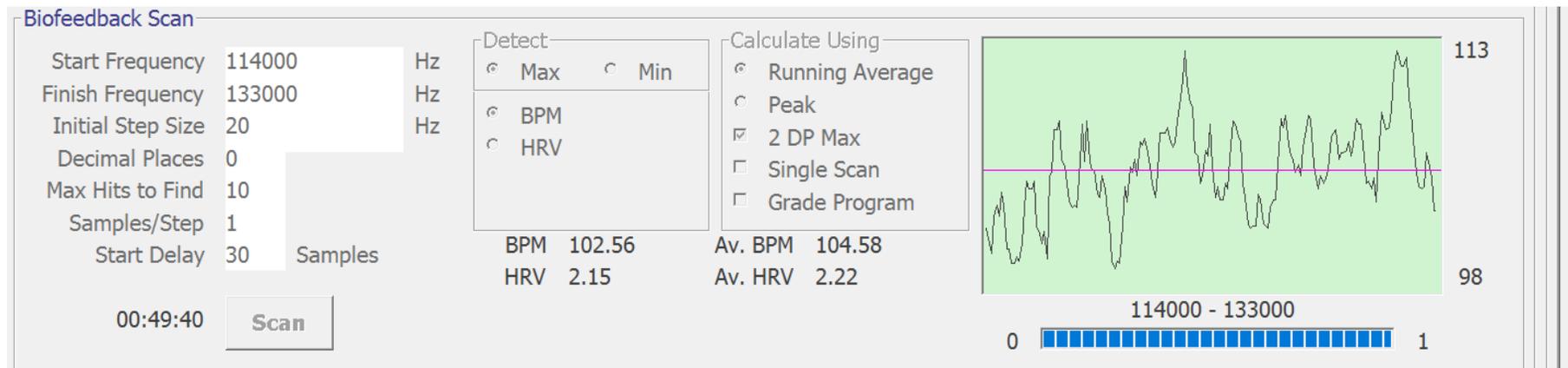
0 | 1

0804 Screen shot Customer Support

Keep Still While the Scan Runs

While the scan is running, a graph plot of the subject's heart rate will appear in the formerly white area. Instantaneous and average values for BPM and HRV (heart rate variability) will be updated throughout the run of the scan, as will a countdown indicating the estimated time remaining in the scan. (The version of the software in use for this demonstration has a bug that causes some biofeedback scans to run very long compared to the initial estimate.)

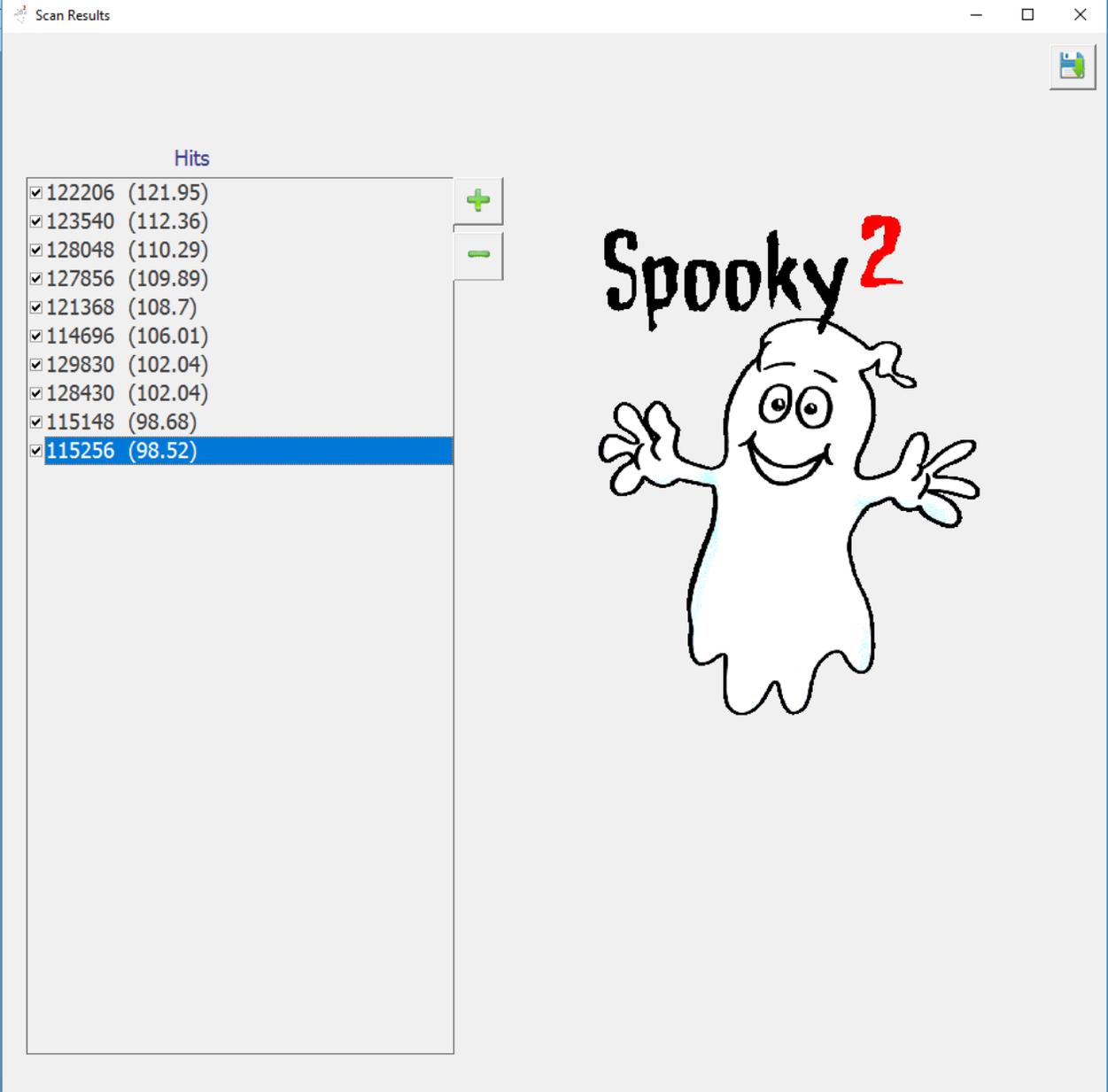
During the scan, the Spooky2-XM generator transmits Rife frequencies to the subject via either contact or remote transmission mode. In parallel, the Spooky2 software records the subject's heart rate readings provided by the Spooky Pulse accessory. The subject should remain as still as possible to avoid skewing the results with an elevated heart rate.



Save the Scan Results

When the scan completes, an audible chime sounds and a *Scan Results* window appears. This window lists the resulting "hits", which are frequencies that were being transmitted at the time when the largest changes in HRV were observed. The hits are ranked in descending order of HRV change. (The HRV values in this example are quite large compared to other scans I have done; I attribute this to my relatively high level of physical activity during this scan due to its unexpectedly long run time.)

Click the save button at the top right of the *Scan Results* window to save the hits as a custom program.



The screenshot shows a window titled "Scan Results" with a list of hits. The hits are ranked in descending order of HRV change. The HRV values are quite large compared to other scans. The window also features a cartoon ghost character and the text "Spooky 2".

Hits	
<input checked="" type="checkbox"/>	122206 (121.95)
<input checked="" type="checkbox"/>	123540 (112.36)
<input checked="" type="checkbox"/>	128048 (110.29)
<input checked="" type="checkbox"/>	127856 (109.89)
<input checked="" type="checkbox"/>	121368 (108.7)
<input checked="" type="checkbox"/>	114696 (106.01)
<input checked="" type="checkbox"/>	129830 (102.04)
<input checked="" type="checkbox"/>	128430 (102.04)
<input checked="" type="checkbox"/>	115148 (98.68)
<input checked="" type="checkbox"/>	115256 (98.52)

Spooky 2



Name the New Custom Results Program

Give the program a descriptive name; I used *JF QS-D #1* to indicate that this is JF's first quarter-scan for quarter D (as identified in the preset name selected at the outset). After clicking the save button in this window, the Spooky2 software restarts itself and reloads the frequency database, which now includes your custom program.

Spooky2 (c) John White 20170804

File Database Global Online Utils Credits

Create Program

Give your program a descriptive name. This will assist you when you do a program search. The program will be saved in C:\Spooky2\Custom.csv

Program Name

JF QS-D #1

Frequencies (and optional advanced commands) are entered using a comma to separate each program step.

xxx-yyy Sweeps the frequency from xxx Hz to yyy Hz.
=xxx x is the dwell (seconds) this frequency is to be applied. Example: 2127=180,2128=240,2127-2128=600
Wx x is the waveform for this frequency. W sets Out 1 and w sets Out 2. The values of x for when specifying the waveforms are:
1 for Sine.
2 for Square.
3 for Sawtooth.
4 for Inverted Sawtooth.
5 for Triangle.
6 for Damped Sinusoidal.
7 for Damped Square.
8 for H-Bomb Sinusoidal.
9 for H-Bomb Square
Gx x is 1 to turn gating on. 0 for no gating.
Ax x is the amplitude (voltage peak to peak) of the output.

Frequencies

122206,123540,128048,127856,121368,114696,129830,128430,115148,115256

Enter the default duration (in seconds) you wish to apply each frequency.

Dwell

180

Email a copy to Cancer Clinic NZ

Any notes for this program should be entered here. Spooky2 will include this in searches.

Program Description

Second quarter scan D

GC:1 RE:0 GE:0 - Spooky2 (c) John White 20170804

Screen shot Customer Support

Select the New Custom Results Program

After Spooky2 restarts, select the *Programs* tab. In the *Search* input box at the top, enter enough of your custom program name to pare down the very long list, then hit Enter. Double-click your custom program in the filtered list. The program name now appears in the *Loaded Programs* list at the bottom left.

The screenshot shows the Spooky2 software interface with the **Programs** tab selected. The search box at the top contains the text "jf". Below the search box, a list of programs is displayed, with "JF QS-D #1" highlighted in blue. The "Loaded Programs" list at the bottom left also contains "JF QS-D #1 (CUST)". The "Program Description" section shows "JF QS-D #1" and "First quarter scan D". The "Options" section includes settings for "Repeat Each Frequency" (1), "Repeat Each Program" (1), "Repeat Sequence" (1), "Repeat Chain" (1), "Dwell Multiplier" (1), and "Frequency Multiplier" (1). There are also checkboxes for "Remove Duplicate Frequencies" and "Apply Tissue Factor to MW and BP Programs". The "Database" section on the right shows a list of databases with checkboxes, including DNA, BP, MW, PROV, BIO/VEGA, CAFL, XTRA, CUST, HC/KHZ, and ALT. The "Spooky2" logo is visible in the bottom right corner. The status bar at the bottom shows "GC:1 RE:0 GE:0 - Spooky2 (c) John White 20170804" and icons for "Screen shot" and "Customer Support".

Program Name	Duration	Type	Database
JF QS #1			CUST 124100,121340,132100,132220,126840,131980,123780,114220,132560,131840
JF QS-D #1			CUST 122206,123540,128048,127856,121368,114696,129830,128430,115148,115256
Acidiphilium cryptum	27 mins	DNA	
Buchnera aphidicola	54 mins	DNA	
Geobacillus sp.	39 mins	DNA	
Methanospirillum hungatei	3 mins	DNA	
Acidiphilium cryptum	3 mins	BP	
Chikungunya virus isolate J	36 mins	BP	
Galaxaura rugosa	3 mins	BP	
Geobacillus genomosp.	3 mins	BP	
Hepatitis C virus (i)	45 mins	BP	
Hepatitis C virus c	12 mins	BP	
Hepatitis C virus isolate D	6 mins	BP	
Hepatitis C virus isolate S	18 mins	BP	
Hepatitis C virus isolate T9	3 mins	BP	
Hepatitis C virus subtype 2a	27 mins	BP	
Hepatitis E virus genomic RNA genotype	30 mins	BP	

Load the Custom Results Program Into a Generator; Run a Reverse Lookup

Return to the *Control* tab (as in [Load Biofeedback Presets into Generator](#)), tick the *Allow Generator Overwrites* checkbox, and click the button corresponding to your generator. The upper-middle list will populate with the "hit" frequencies from your custom program. In the *Reverse Lookup* panel near the top-right of the *Control* tab, click the button labeled *Go*.

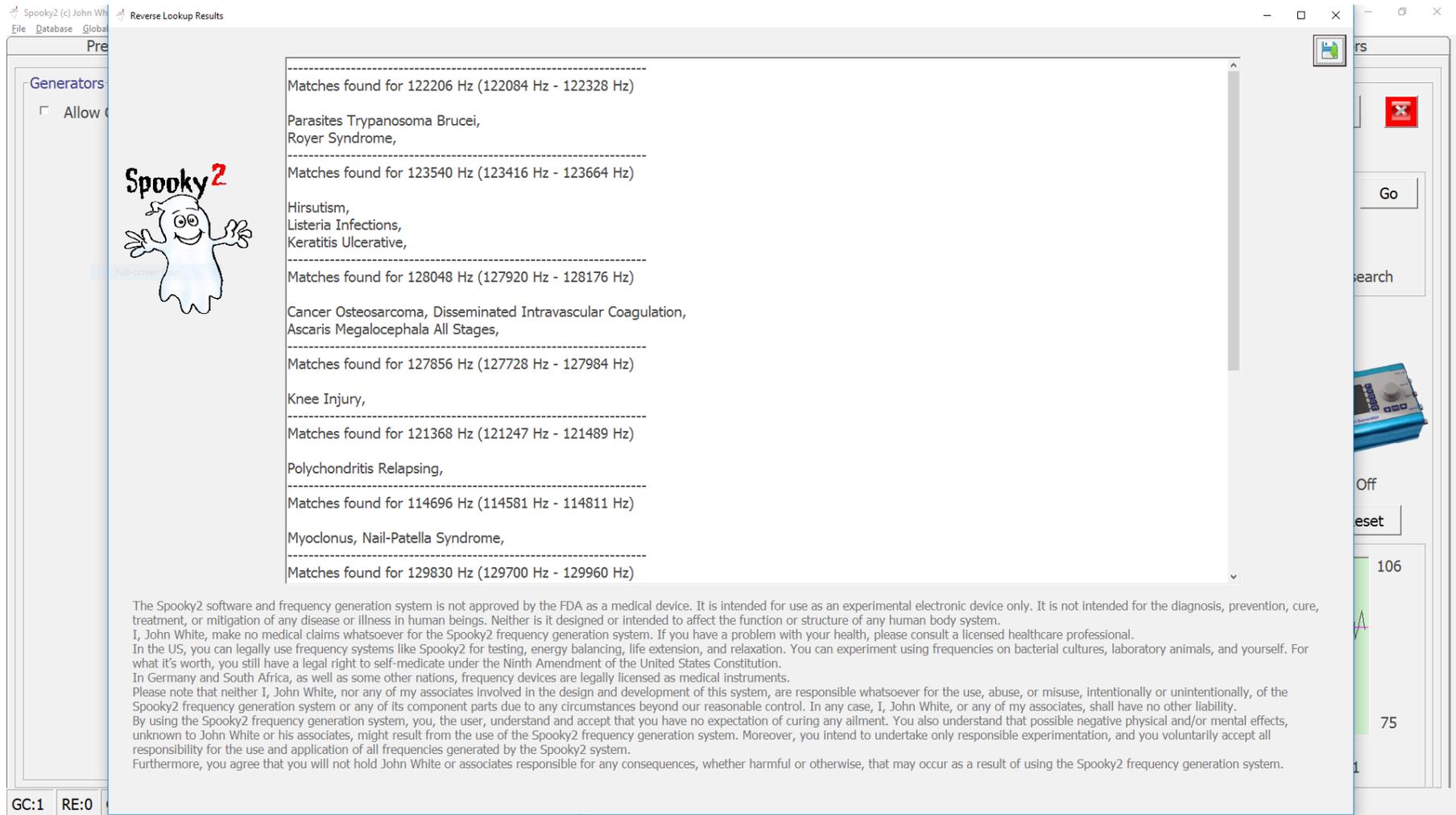
The screenshot displays the Spooky2 software interface, specifically the **Control** tab. The interface is divided into several sections:

- Generators:** On the left, there is a checkbox for "Allow Generator Overwrites" and a button labeled "4" with "0%" below it.
- Generator 4:** A central panel containing a list of frequencies: 122206 (highlighted), 123540, 128048, 127856, 121368, 114696, 129830, 128430, 115148, and 115256. Below the list are buttons for "Start", "Pause", "Hold", "Amplitude Wobble", "Frequency Wobble", and "Stop". A table shows: Dwell 0 Total: 0, Step 1 Total: 0, Preset 1 Total: 1.
- Reverse Lookup:** A panel on the right with a "Go" button, checkboxes for "Include Octave" and "Search CUST database", a ".1 % Tolerance" field, and an "Include 0 Hz in search" field.
- Generator Output:** A table showing settings for "Out 1" and "Out 2":

	Out 1	Out 2
Frequency	0	0
Waveform	Square	Inverse+Sync
Duty Cycle	50%	50%
Amplitude	0v	0v
Offset	0%	0%
Phase Angle	0 Degrees	0 Degrees
- Frequency Adjustment Slider:** A slider set to "1 Hz".
- Biofeedback Scan:** A panel with fields for "Start Frequency" (114000 Hz), "Finish Frequency" (133000 Hz), "Initial Step Size" (20 Hz), "Decimal Places" (0), "Max Hits to Find" (10), "Samples/Step" (1), and "Start Delay" (30 Samples). It includes "Detect" options (Max, BPM, HRV) and "Calculate Using" options (Running Average, Peak, 2 DP Max, Single Scan, Grade Program). A "Scan" button is at the bottom.
- System/Status:** At the bottom, there are status indicators for "GC:1", "RE:0", "GE:0", and a "VG 0%" indicator.

Reverse Lookup Results

A *Reverse Lookup Results* window appears. The contents of this window provides a list of conditions that the biofeedback scan has potentially diagnosed in the subject. Spooky2 creates this list by calculating a tolerance window for each frequency in the program (according to the value in the *% Tolerance* input box of the *Reverse Lookup* panel, 0.1% by default) and listing the name of every program in the Spooky2 Frequency Database that contains one or more frequencies inside that window. Note the disclaimer (reproduced at the end of this document) occupying one-quarter of the window's real estate.



Spooky2

Matches found for 122206 Hz (122084 Hz - 122328 Hz)
Parasites Trypanosoma Brucei,
Royer Syndrome,

Matches found for 123540 Hz (123416 Hz - 123664 Hz)
Hirsutism,
Listeria Infections,
Keratitis Ulcerative,

Matches found for 128048 Hz (127920 Hz - 128176 Hz)
Cancer Osteosarcoma, Disseminated Intravascular Coagulation,
Ascaris Megalocephala All Stages,

Matches found for 127856 Hz (127728 Hz - 127984 Hz)
Knee Injury,

Matches found for 121368 Hz (121247 Hz - 121489 Hz)
Polychondritis Relapsing,

Matches found for 114696 Hz (114581 Hz - 114811 Hz)
Myoclonus, Nail-Patella Syndrome,

Matches found for 129830 Hz (129700 Hz - 129960 Hz)

The Spooky2 software and frequency generation system is not approved by the FDA as a medical device. It is intended for use as an experimental electronic device only. It is not intended for the diagnosis, prevention, cure, treatment, or mitigation of any disease or illness in human beings. Neither is it designed or intended to affect the function or structure of any human body system. I, John White, make no medical claims whatsoever for the Spooky2 frequency generation system. If you have a problem with your health, please consult a licensed healthcare professional. In the US, you can legally use frequency systems like Spooky2 for testing, energy balancing, life extension, and relaxation. You can experiment using frequencies on bacterial cultures, laboratory animals, and yourself. For what it's worth, you still have a legal right to self-medicate under the Ninth Amendment of the United States Constitution. In Germany and South Africa, as well as some other nations, frequency devices are legally licensed as medical instruments. Please note that neither I, John White, nor any of my associates involved in the design and development of this system, are responsible whatsoever for the use, abuse, or misuse, intentionally or unintentionally, of the Spooky2 frequency generation system or any of its component parts due to any circumstances beyond our reasonable control. In any case, I, John White, or any of my associates, shall have no other liability. By using the Spooky2 frequency generation system, you, the user, understand and accept that you have no expectation of curing any ailment. You also understand that possible negative physical and/or mental effects, unknown to John White or his associates, might result from the use of the Spooky2 frequency generation system. Moreover, you intend to undertake only responsible experimentation, and you voluntarily accept all responsibility for the use and application of all frequencies generated by the Spooky2 system. Furthermore, you agree that you will not hold John White or associates responsible for any consequences, whether harmful or otherwise, that may occur as a result of using the Spooky2 frequency generation system.

GC:1 RE:0

Full Text of Disclaimer from Reverse Lookup Results Window

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The Biofeedback Reverse Lookup Function Constitutes a Diagnosis

Despite the disclaimer, the combination of biofeedback scanning and the reverse lookup function is clearly intended to diagnose disease. A cursory check of the various Spooky2 online forums easily shows that people use, and recommend using, reverse lookup as a diagnostic tool.

Running the Results Program Constitutes Treatment

Apart from performing a reverse lookup, the results program resulting from a biofeedback scan can be loaded into a Spooky2 generator in killing or healing mode. The Spooky2 User's Guide encourages doing just this, on a continuous or repeated basis depending on the transmission mode in use, along with periodic repetition of the biofeedback scan to update the program. The User's Guide strongly implies that this usage pattern is of comparable or superior value to professional medical treatment:

"A diagnosis is useful only to a health professional, not to me or you. Most doctors require it only to look up drugs in their directories which can be used for it.

In other words, a diagnosis is a stepping-stone to a written prescription for a medication or treatment.

Spooky Pulse skips this step altogether and provides the prescription directly, written by your own body – the frequencies found by your scan."

-Spooky2 User's Guide (August 2017), p. 117

Using the results of a biofeedback scan in this way, despite any disclaimers, is clearly intended to constitute disease prevention, cure, treatment, and/or mitigation.